



# Essential Oil Wizardry

## ~ Monthly Alchemy Tribe ~ June 2020

**Wizard Alchemy Blend: Simplex**

**Essential Oil of the Month: Tea Tree**

**Essential Oil Tincture: Ultrasonic Epimedium Tincture**

**Exquisite Botanical Perfume: Night On The Town**

### Simplex (Therapeutic Blend)

Simplex was made several years ago inspired by famous Essential Oil Researcher Kurt Schnaubelt's recommendation for Herpes outbreaks. Kurt's research led a recommendation for a 50/50% Ravensara aromatica / Tamanu (aka Foraha) applied topically to reduce the severity and duration for cold sore outbreaks. Simplex is a powerful anti-viral formulation which boasts anti-inflammatory, analgesic and anti-infective properties. Clove Bud contains eugenol and aids with the pain communication signals in the body responses. Ravensara has considerable anti-viral properties and is quite drying to overly wet skin lesions. Tamanu is sometimes referred to as the "Helichrysum of Carrier Oils" being a highly regenerative carrier oil. Blue Yarrow helps with the regeneration of the local region and aids to reduce inflammation. Yarrow even aids with blood coagulation in case scratching or delicate treating leads to bleeding.

Simplex is intended to be a highly anti-viral formulation: the timing of this release in 2020 is perfect. When applied to cold sores, the severity or duration may be decreased substantially. Clove acts as a powerful analgesic and can help with highly painful outbreaks. To bolster general immunity, you can apply a few drops in the hands and take several inhalations into the lungs. We hope you find this formula to be of great help during these times of Great Change!

**Ingredients: Organic Clove Bud (Sri-Lanka), Wildcrafted Ravensara (Madagascar), Organic Tamanu (Madagascar), Organic Blue Yarrow infused in Fractionated Coconut Oil.**

### Organic Tea Tree, Steam Distilled (*Melaleuca alternifolia*)

Our Australian Tea Tree is a classic, well-known and highly medicinal essential oil that is very relevant to have in your arsenal. Tea Tree is one of the most common essential oil extracts on the planet – studies have pointed that Tea Tree has reductive effects on numerous bacterial and fungal organisms. Dandruff, certain skin conditions & bug bites may each respond to Tea Tree oil. One study notes that use of Tea Tree oil will elevate white blood count, stimulating the immune system. Tea Tree can be helpful for acne, breaking up mucous or used in laundry for a next-level cleanse. Tea Tree is quite anti-fungal and can aid returning into balance with candida overgrowth – some women have reported short bursts of using a few drops of Tea Tree oil in a capsule for recovering with favorable results from UTIs.

How best to use Tea Tree? Apply some drops of Tea Tree oil (ie. 0.25 – 1.5%) into your favorite (preferably non-chemical) shampoo / condition – very refreshing on the scalp for cleansing, natural hygiene or dandruff. Massage several drops neat (undiluted) into the chest to break up phlegm. Add 0.5 – 2.5% into your household cleaners for a deeper, more thorough cleanse! Apply neat directly onto a wound, bug bite, acne or burn to aid with recovery. Use in your diffuser to cleanse a room, add with lemon essential oil for an uplifting experience!

**Ingredients: Steam Distilled, Organic Tea Tree (*Melaleuca alternifolia*) from Australia.**



# Essential Oil Wizardry



# Essential Oil Wizardry

## Ultrasonic Epimedium Tincture (Ultrasonic Tincture)

Our Ultrasonic Epimedium has been one of our most popular Ultrasonic Extracts since its inception in 2018. Epimedium (AKA Horny Goat Weed) has been used for thousands of years in Traditional Chinese Medicine (TCM) and is a powerful yang (masculine) jing tonic herb. This was a powerful tool in my personal development in 2019 when I was discovering stepping into my masculine strength & expanding my physical body strength. I've found increased propensity for exercise, outdoor activities in conjunction with the intention of being more "embodied" when using Epimedium. There is a deeper level of mindfulness of the body that may be achieved with using Epimedium Tincture. Most notable are the powerful aphrodisiac qualities which can greatly increase sexual drive / desire – this can be an uncomfortable quality at higher doses, unless you are ready to channel this increased energy sexually or creatively!

Epimedium may promote sexual aid (men / women) – experiment with 3-7 drops once every 1-2 days. This is the balanced supplementation that I find sustainable with this powerful herb to be supportive in my regular use. For intentional love making, ¼ – 1 dropperful held sublingually for 30-45 seconds can really amplify sexual drive. To empower a potent exercise regiment, experiment with 5-10 drops or ¼ dropperful.

Ultrasonic Epimedium is a POWERFUL plant extract and not best for everyone. Should definitely be avoided in pregnancy and when using Epimedium, you should monitor its effects. When used in doses too high or frequent, dizziness, headaches or irritability have been reported. These effects tend to wear off within hours – days depending on the quantities and schedules consumed, so be conscious of this tincture: how it makes you feel, your activity level, actions you take and how you treat yourself and others. Ultrasonic Epimedium Tincture can be a powerful ally!

**Ingredients: Ultrasonic Extracted Organic Epimedium Tincture (United States) infused into Organic Honey Spirits.**

## Night On The Town (Exquisite Botanical Perfume)

Grounded into the Earth, a bright forest expression of deep connection. June brings us Night on the Town, a blend formulated by our dear friend Dr. Ben Malcolm (SpiritPharmacist.com) at his graduation of pharmacy school. Night on the Town marries fresh uplifting notes of Silver Fir needle tips, Bergamot citrus and cleansing CO2 Extract Frankincense Carterii. Cedar Atlas grounds the expansive top notes and helps to bring a soothing sensation to the nervous system when this perfume is inhaled. The uncommon Davana essential oil, is a powerful Artemisia which adds a unique intoxicating hue ~ sweet and luscious, really bringing the forest-citrus notes together as one sensual and grounding aroma-complex.

Night On The Town is wonderful for men and women. Simply apply onto the wrist points, around the neck and heart region. Apply anywhere that you wish yourself or others to inhale deep earthy tones to invite more stability and connection.

**Ingredients: Organic Bergamot (Italy), Organic Cedar Atlas (Morocco), Wildcrafted Davana (India), Wildcrafted CO2 Extracted Frankincense Carterii (Somalia), Organic Silver Fir (France) infused in Organic Orange Spirits.**



# Essential Oil Wizardry