



Essential Oil Wizardry

~ Monthly Alchemy Tribe ~ May 2020

Wizard Alchemy Blend: Courage

Essential Oil of the Month: Pink Pepper (CO2)

Essential Oil Tincture: Ultrasonic Mugwort Tincture

Exquisite Botanical Perfume: Avicenna

Courage (Ceremonial Blend)

Very relevant blend for these times: Courage, the Ceremonial Blend ~ Designed to clear dense energies when setting pure intentions ~ enhance clarity of mind, heart & align with your true power center. Courage was crafted during our initiation to Ashland, inspired when we requested our roommates to move out from our home sanctuary ~ Courage brings the energy of purification, bringing forth a new mood and aiding in the expansion into our true radiance.

Courage carries sacred resins (Frankincense, Myrrh & Galbanum) which highlight the purifying energetics of the blend, particularly Galbanum which has a clearing quality for negative energies. Red Mandarin adds a brightness, lifts the blend's aromatic qualities in conjunction with the stimulating / vitalizing quality of Rosemary. Violet Leaf adds a green base note and another dimension to the blend aromatically, bringing the synergy together full-spectrum.

Taking a few drops applied around the auric field and applying onto the body directly creates a harmonizing effect. One of my favorite ways of using Courage - apply several drops into the hands / fingertips, snap my fingers together and waft my hands around the room – this process I call “dynamic diffusion”. This seems to break up stagnancy in the environment & transitions into a new emotional state. We hope you In-JOY Courage!

Ingredients: Wildcrafted Frankincense Sacra (Oman), Wildcrafted CO2 Extracted Galbanum (Iran), Organic Red Mandarin (Brazil), Organic CO2 Extracted Myrrh (Somalia), Organic Rosemary Cineole (Tunisia), Violet Leaf Absolute (Egypt) infused in ORMUS Enhanced Fractionated Coconut Oil.

Pink Pepper, CO2 Extract (*Schinus terebinthifolius*)

Pink Pepper is a wild tree that grows indigenously in Peru and naturally along on the West Coast. The tree produces an abundant amount of small pink peppercorns (AKA “Red Berry” in perfume industry) which are rich fruits for culinary & therapeutic purposes. Pink Pepper extract is a very potent, multi-purposed ally to have in your treasure trove. Pink Pepper oil serves as a pest repellent with varied results to different bugs / insects (ie. ingredient in our Bug Repel formulation) and offers anti-inflammatory & analgesic responses to painful body regions.

When used in the Essential VAAAPP vaporizer and inhaled directly into the lungs, this oil can be quite euphoric – somewhat similar in potency to a cannabis. Members of our community have explored dabbing a single drop of this extract and find it to have a couch-locking like euphoria. For pain / insect repellent, dilute into a carrier oil at about 1.5, 2.5 or 5% applying topically as needed. Test in a small area for potential sensitivity before applying. Great flavor for culinary purposes **using single drops** in quarts of beverages or large servings of exotic sauces. Experiment with enjoying Pink Pepper in Botanical Perfumery, this extract adds an intriguing spicy / sweet / euphoric aromatic quality!
Ingredients: CO2 Extracted Pink Pepper (AKA Red Berry) from Germany.



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Ultrasonic Mugwort Tincture (Ultrasonic Tincture)

We are very excited about our latest batch of Organic Mugwort tincture, a celebration returning to EOW's first Ultrasonic Tincture produced in 2018. This is an ultra-potent, artisan Mugwort Tincture and is a credible oneirogen (promotes dream creation) which should be avoided in the elderly or individuals with weakened elimination pathways. When our Mugwort Tinctures is used sublingually **right before bedtime**, I find a deeper level of vivid dream imagery approximately 40-70% of the times I choose to imbibe. We expect this will be quite synergistic with our new, small-batch Ultrasonic Calea Zacatechichi "Dream Herb" being released on our website exclusively for members this month!

Mugwort is known to have toxicity and displays a very narrow therapeutic window of safety. Mugwort **MUST** be avoided in pregnancy. Please read Dr. Nick's personal experimentation with this tincture on product page on our website – most should stick to 1-3 drops use taken sublingually (under the tongue) and most should keep below 8-10 drops as the ceiling levels of usage to minimize toxicity. Avoid this product if your health is not in an ideal state – this is a highly potent & experimental product :-). Ultrasonic Mugwort Tincture may be very dreamy, intoxicating & mood-elevating in powerful ways during sleep cycles or euphoric during waking state!

Ingredients: Ultrasonic Extracted Wildcrafted Mugwort (*Artemisia vulgaris*) Extract (Ashland, Oregon) infused into Organic Lychee Spirits.

Avicenna (Exquisite Botanical Perfume)

Avicenna is inspired by the brilliant 10th century philosopher (**Ibn Sīnā**) credited with being the first to distill Rose essential oil. Art, philosophy, science and medical wisdom initially weaved smoothly between separate fields and our monthly Exquisite Botanical Perfume is here to inspire that multi-dimensional brilliance within.

The scent is one of a wild, floral nature, grounded in woodiness (Chinese Cedar) and earthy tones (Styrax liquidambar) with a sensual smoothness. Avicenna is a complex blend to celebrate the genius of the Mediterranean regions bringing together a euphoric spice (Caraway) with a round herbaceous expression (Spanish Marjoram) lifted by the stunning Opoponax (Sweet Myrrh) demonstrating a creamy hue. Avicenna's rural, feral expression, remain present in the center with intoxicating floral heart notes of Rose Damask & our sacred Blue Lotus Absolute.

Avicenna is sensational magick in a bottle and was created to honour & celebrate the rich history of aromatherapy. Apply to the body as you choose, this cosmic delightful rich blend! Avicenna was co-created with Dr. Nick & Alicia Mai.

Ingredients: Blue Lotus Absolute (Sri-Lanka), Organic CO2 Extracted Caraway (Germany), Wildcrafted Chinese Cedarwood (China), Wildcrafted Styrax liquidambar (Honduras), Organic Spanish Marjoram (Spain), Wildcrafted Opoponax (Ethiopia), Rose Damask Absolute (Morocco) infused in Organic Lychee Spirits.



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