



Essential Oil Wizardry

~ Monthly Alchemy Tribe ~ February 2020

Wizard Alchemy Blend: Light Warrior
Essential Oil of the Month: Spikenard
Essential Oil Tincture: Ultrasonic Tribulus Tincture
Exquisite Botanical Perfume: Carnation Dreams

Light Warrior (Botanical Perfume)

~ Love With Light ~

Bright reflection of courage, joy and strength, Light Warrior is a botanical perfume that serves as an energetic enhancer and mild purification for the energy field. Light Warrior is a powerful synergy of extracts that build a rich amber based botanical aroma complex. Designed for our friend to build support, aid with modern day lifestyle stressors, Light Warrior Oil is a rich blend of Amber, balsamic & vanilla hues draped with soft currents of heart-expanding floral notes. Light Warrior Blend is a warm, bright blend that may be worn on the body as a botanical perfume, and applied around the auric field to wipe away stagnant or dense energy.

Light Warrior is a functional botanical perfume for men to aid with dynamic situations of the modern day. This grounding, adaptogenic synergy of extracts may be applied around the body to attract more softness & clarity from the outside world. Applying around the auric field may enhance more gentle reflections ~ wear on the physical body to support grounding and daily tasks! Born as a custom blend for our brother & Alchemy Tribe member Jason Pickard.

Ingredients: Wildcrafted Benzoin (Laos), Dry Distilled & Rectified Cade (Spain), CO2 Extracted Galbanum (Iran), Geranium Absolute (Egypt), Neroli (Egypt), Wildcrafted Styrax liquidambar (Honduras) infused in Fractionated Coconut Oil.

Ultrasonic Tribulus Tincture (*Tribulus terrestris*)

Tribulus aka Gokshura is a powerful jing tonic herb that has been used in Ayurvedic medicine for millennium. A potent strength / vitality builder, *Tribulus terrestris* births spiny fruits which some people might know as “goat heads”. These thorny fruits are rich in energy and can tear through socks and thin clothing / shoes, even causing minor injury. This masculine expression of force is a sign of the life-building chi found in these thorny “weeds” ~ Tribulus provides a powerful physical boost in power, vitality and sexual potency (men & women). Our Ultrasonic Extract of Tribulus produces an amazing tincture for people looking to maximize their physical strength and engage in more physicality.

We In-JOY using ¼ – 1 dropper held sublingual (under the tongue) for 30 – 60 seconds for ideal absorption. Most people may choose to start at ¼ – ½ dropper sublingual and explore dosing, adjusting after 1-2 weeks. Some enjoy 1-2 dropperful before sensual connection / erotic play to enhance sexual potency. My personal balance with this potent plant ally is currently used once every 2-3 days for general well-being and a feeling of vital force with life!

Ingredients: Organic Ultrasonic Extracted Tribulus Fruit infused in Structured Filtered Water & Organic Craft Coconut Spirits.



Essential Oil Wizardry



Essential Oil Wizardry

Spikenard, Steam Distilled (*Nardostachys jatamansi*)

Spikenard (aka Muskroot, Nard) ~ a root with biblical mentions which offers potent therapeutic effects. This rich amber colored (sometimes greenish) essential oil is quite thick when distilled or extracted from the roots. Nard oil was reported to be heavily anointed on Jesus feet (in John 12-3) and is revered in the Himalayas: India, Nepal and Eastern cultures. Spikenard is calming to the nervous system and absorbs into the system well through the bottom of the feet. Regenerative for minor-moderate pain, injuries and mildly supportive for minimizing scarring from wounds. Spikenard oil is very soothing, to slow an overactive mind and reduce stress or nervousness. Spikenard in some regions is an endangered species ~ this is a very ancient and precious, PURE botanical extract!

For ideal usage, apply a few drops on the bottom of the feet before bed to slip off into rest easier. Place 1-5 drops into a warm bath tub for a truly relaxing bath ~ add with epsom salts & flower essences (ie. Hopi Tobacco Flower or Mimosa Flower) to bring it to the next level. Enjoy adding with a few drops of lemon in your diffuser to soothe and bring a sense of peace into your sacred temple. Amazing ingredient for therapeutic formulas and certain root / earthy botanical perfumes in small quantities. Note that the oil is rather viscous and usually needs to be combined with other essential oils to effectively diffuse.

Ingredients: Wildcrafted Steam Distilled Red Spikenard (*Nardostachys jatamansi*) from India.

Carnation Dreams (Exquisite Botanical Perfume)

Rise in Love with Pink Sparkles!

Carnation Dreams is a spectacular expression of decadent floral calm with a woody base and clear Cypress top note. One of our favorite botanical perfumes, Carnation Dreams is an exalting expression of Carnation ~ rich flowers to the highest degree! Carnation & Cassie Absolute express a full floral base-mid range of honey nectar divinity ~ coupled with a spicy wood hue from earthy Cedar Atlas & fresh cut wood shavings of Virginian Cedar. A touch of Ylang Ylang Extra puts some sensuality into the blend with a hint of Cypress Leaf lifting the blend to a full radiant expression.

Carnation Dreams is an amazing floral-wood perfume intended for women which evolves in beauty with time. The rich floral hues & earthy woody notes sit well on men ~ Great blend to evoke peace, joy, adventure and love. Apply to the heart, wrists, neck and body where desired for a layer of enhanced embodied sensuality!

~ Co-Created with Alicia Mai ~

Ingredients: Carnation Absolute (Egypt), Cassie Absolute (Egypt), Organic Cedar Atlas (Morocco), Wildcrafted Virginia Cedar (USA), Organic Cypress Leaf (Morocco), Organic Ylang Ylang Extra (Madagascar) infused in Organic Craft Honey Spirits & Organic Sugar Cane Alcohol.



Essential Oil Wizardry