



## ~ Monthly Alchemy Tribe ~

### December 2019

**Wizard Alchemy Blend: Crown**

**Essential Oil of the Month: Black Pepper**

**Essential Oil Tincture: Ultrasonic Lilac Tincture**

**Exquisite Botanical Perfume: Confidence Perfume**

### Crown (Divine-Align: Chakra Set)

Crown! A great transition, December marks towards a grand year of 2020 ~ we've chosen to top the year off with this very special Divine-Align: Chakra Blend. Crown brings together high vibrational flowers, woods, spices, resins and roots into an etheric blend to lift the senses, deepen meditation and tune one's awareness of the higher self. Crown is teeming with potent rare / exotic extracts ~ Angelica Root is used for magick purposes and clears negative energy, Blue Lotus lifts the blend into another level of beauty. Agarwood (Oud) adds a euphoric, primal & wild energy to the mixture, being one of nature's peculiar alchemical concoctions. Nutmeg & Pink Pepper bring a warm sparkle to the mixture and dances with the African Copal Bark to bring Crown a smooth aromatic center ~ this blend **FEELS** heady! Opoponax rounds out the blend and brings Crown to it's fully expression ~

Application of Crown: Place 3-7 drops in a warm bath with Epsom or Dead Sea Salts. Take 2-5 drops in the hands and sweep around the auric field of the body lifting the energy up to and through the crown. Imagine your head filling with light and clarity. Worn around the body, applied before a meditation. Crown is multi-faceted and a great GIFT for the world!

**Ingredients:** Wildcrafted CO<sub>2</sub> Extracted African Copal Bark (West Africa), CO<sub>2</sub> Extracted Angelica Root (Poland), Blue Lotus Absolute (Sri-Lanka), Organic CO<sub>2</sub> Extracted Nutmeg (Indonesia), Wildcrafted Opoponax (S. Africa), Sustainability Cultivated Agarwood (India), CO<sub>2</sub> Extracted Pink Pepper (Germany) infused in ORMUS Enhanced Fractionated Coconut Oil.

### Black Pepper, Steam Distilled (*Piper nigrum*)

Black Pepper Essential Oil is such a useful extract for therapeutic, culinary purposes (and seldom perfumery as well). Black pepper is a warming / stimulating essence that is much more cool on the senses than one may assume. Black pepper (BP) is rich in both the sesquiterpene β-caryophyllene which binds to the CB2 receptors in the body & piperine which is well known to enhance the absorption of other molecules in the body. When CB2 receptors are activated, general body inflammation is reduced and there seems to be a physiological reduction of stress. BP can potentiate therapeutic formulations (make them more effective) & is great for reducing stress, inflammation and pain!

Experiment with very small quantities in family sized food prep including salad dressings, warm teas or Indian inspired dishes. Can be diluted using 1-5% into a carrier oil to produce a warming and therapeutic massage oil. Great diffused in the house with other floral or spice extracts. Definitely explore combining BP with other essential oils!

**Ingredients:** Organic Steam Distilled Black Pepper (*Piper nigrum*) from Sri-Lanka.





# Essential Oil Wizardry

## Ultrasonic Lilac Tincture (Ultrasonic Tincture)

The vibration of fresh love, heart-expanding, warmth and cheer is fully present in our Ultrasonic Lilac Tincture. My beloved and I went wild harvesting fresh Lilac flowers in our neighborhood and collected approximately 2.5 kilos of fresh flowers and processed the flowers immediately to produce the most live final product. A labor of fresh love, we produced several batches, one only gallon Grade AAA flower petals, one gallon Grade AA flowers de-stemmed, and one gallon full-spectrum to contain more rich tannins and holistic plant properties ~ each gallon batch is infused in Organic Honey Spirits.

We are sending out the Grade AAA to our Alchemy Tribe. Lilac is a lovely flower and we are so honoured to be sharing our fresh love, imprinted into each bottle of the Lilac Frequency. Lilac breathes forgiveness, connectedness, heart expansion and relaxation to the nervous system. The channels between the heart and the mind strengthen with regular use and Ultrasonic Lilac Tincture can be supportive to tap into one's inner knowing (intuition).

Play with a few drops sublingually (under the tongue) to get to know the frequency of Lilac.  $\frac{1}{4}$  dropperful – 1 dropperful is a nice regular dosing.  $\frac{1}{4}$  dropper may be a great maintenance dose while  $\frac{1}{2}$  – 1 dropperful can be supportive during an emotional flare-up. Ultrasonic Lilac Tincture brings subtle yet powerful emotional support, and is VERY well integrated into a regular supplemental regimen.

**Ingredients:** Wildharvested Lilac Flower Petals (Ashland, Oregon) infused in Organic Honey Spirits.

## Confidence Perfume (Exquisite Botanical Perfume)

~ Express YOU ~

Confidence is a powerful & lovely synergistic blend that produces a unique aromatic profile that is regal, inviting and rich. This month delivers a potent “functional perfume” which attracts the outside world, and more importantly, lifts the inner world. Confidence seems to build an inner smile, level of calm and peace that expresses itself as joy naturally when applied and worn. Confidence Perfume delivers a sharper, fruitier / sweeter version of Confidence to commune with for aromatic and emotional intent. The aroma is truly unique, a combination of purple & orange colours, bright sparkly floral notes (Neroli), clear top notes (Yellow Mandarin & Frankincense Sacra). Confidence brings together unique notes of Benzoin, Cassie, Rhododendron & Violet Leaf to bring a sexy cinnamic, bright green base to dance fully ~ the result is stunning, an uplifting sparkle ~ a champagne of floral expression for your notes to lift your emotional body with grace & splendor!

Confidence Perfume may be applied to the wrist points, around the neck, body and worn around the thighs for intimate connection. Confidence is perfect for bringing out the inner King or Queen in a respectful & natural way. May support those experiencing a lowered mood to lift the spirits and express from one's creativity.

**Ingredients:** Benzoin Absolute (Laos), Cassie Absolute (Egypt), Royal Hojari Frankincense Sacra (Oman), Organic Yellow Mandarin (Egypt), Neroli (Egypt), Wildcrafted Rhododendron (Nepal), Violet Leaf Absolute infused in Organic Craft Honey Spirits.

Thanks for Aromatically Hanging With Us This Year!

We LOVE You! ~ Dr. Nick, Ellen Bird & EOW Team

