



# Essential Oil Wizardry

## ~ Monthly Alchemy Club ~ June 2019

**Wizard Alchemy Blend: InVigor**  
**Essential Oil of the Month: Ravintsara**  
**Essential Oil Tincture: Spark!**  
**Exquisite Botanical Perfume: Deep Man**

### **InVigor (Therapeutic Formula)**

InVigor is great for stimulating memory, focus and concentration while expressing feelings of clear refreshment. An inspiring blend of powerful CO2 extracted spices, aromatic herbs and purifying extracts, this formulation is great for a morning or mid-day boost. Unlike caffeine/coffee, there are no feelings of withdrawal or crash – just a higher baseline to create your day from. Originally formulated on the Big Island (Hawaii) in 2013, this uplifting essential oil blend is a gentle and clear energizer originally formulated as a Magick Mister.

InVigor is a gentle purifying blend to clear mental fog and delicately enhance brain cognition. Place 3-5 drops into the hands, rub the hands together and place hands over the nose & mouth. Take 3 deep inhalations and then massage into the head and back of the neck for 30-45 seconds. Feel rejuvenated and inspired! You may also massage into the temples as desired ~ Hope you In~Joy InVigor :-)

**Ingredients: Organic CO2 Extracted Caraway (Germany), Organic CO2 Extracted Cardamom (Guatemala), Wildcrafted CO2 Extracted Frankincense (Somalia), Organic Peppermint (India), Organic Rosemary Cineole (Tunisia), Organic Rosemary Verbenone (S. Africa), Organic Silver Fir (France), Consciously Cultivated Sweet Basil (Nepal) infused into Fractionated Coconut Oil**

### **Wildcrafted Ravintsara / Howood (Madagascar)**

Powerful aromatic plant that is wonderful for opening the airways, responsible for mild analgesic properties and has broad-spectrum antibacterial properties. Cool and refreshing, Ravintsara is a powerful & soothing expectorant when vaporized using an Essential VAAAPP. Over the years, clients have reported great short-medium term effects using Ravintsara using an Essential VAAAPP to **support** symptoms of Asthma, COPD and other respiratory dysfunction. Ravintsara is known as Howood / Holeaf oil. Ravintsara quite commonly gets confused with Ravensara Aromatica – even one of my mentors refers to what lab tests would call Ravintsara as Ravensara ~ indigenous whom produce for him, claimed that it was the plant THEY called Ravensara despite the differences in current lab tests! This extract is such a valuable and useful essential oil to keep handy, I tend to bring this with me during travels for respiratory purposes.

Ravintsara is useful when emitted through a diffuser, using the palm-inhalation method, vaporized in or infused into a carrier oil (2.5-5%) and applied on the chest. Try applying 1-3 drops into the hands and take 1-3 deep inhalations for congestion or respiratory relief. Instill 1 drop into an Essential VAAAPP vial at the first sign of cold or flu. Apply onto the feet during a warm bath to stimulate the immune system, close eyes initially if water is very hot to avoid irritating eyes.

**Ingredients: Wildcrafted Ravintsara (*Cinnamomum camphora*) from Madagascar.**



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## Spark! (Essential Oil Tincture)

Has your throat ever been so congested it's difficult to breathe? Or perhaps your nasal passages are so congested and refuse to drain...? Spark! is a very special formulation which started off as a therapeutic Vapor Oil for vaporizing. After a dusty weekend camping at FireFly Festival in 2014, we discovered the sheer potency and usefulness of Spark! ~ Spark! Tincture is a powerful lifestyle solution when infused into organic alcohol as a tincture, used for opening the throat, lungs and clearing the sinuses. I have yet to find any other product on the market which matches this in effectiveness.

Use? Simply place 1 drop onto the tongue, roll the tongue shaped like "U" and take three deep inhalations to open the throat & lungs. There is an advanced method of administration which should only be used for the adventurous!

**Advanced Method:** Gently inhale one drop intranasally in each nostril. This method will burn for about 30-120 seconds and is likely to cause some short-term minor irritation to the nasal mucosa. Let the tincture get to work after inhalation, minimizing blowing the nose for about 5-15 minutes. We are posting a video on our Instagram channel this month to highlight use on the Advanced Method of Administration. **This method is NOT suggested for regular usage (ie. once or twice a week intranasally max!) and NOT suggested for most people.**

The sinuses will flush out naturally and you may experience a new level of breathing clearly ~ I've witnessed this result for about 95%+ of people I've served advanced method of Spark! when served intranasally. About 5% of people have little to no reaction. Severe short-term irritation is very uncommon and has occurred (<1-2%).

**The advanced method of administration is highly experimental so please do not use in this method if your body is sensitive! Do not vaporize this tincture formulation – only consider vaporizing the pure oils, NOT tinctures!**

**Ingredients: Organic Peppermint (India), Wildcrafted Ravensara (Madagascar), Organic Tulsi (India) infused into Organic Sugar Cane Alcohol.**

## Deep Man (Exquisite Botanical Perfume)

Are you a Deep Man? Intended to reflect a strong masculinity and embody deep western notes. DEEP Man explores rectified Cade and marries the smoky campfire with sweet intoxicating Calamus Root (CO2). A solid base of Muhuhu, Chinese Cedar, and Amyris plays with the last stores of our 2014 vintage Bio-Dynamic, High Elevation Lavender Reserve (var. delphinensis) and hues of Jasmine Grandiflorum florals.

Deep Man is Reminiscent of a deep pilgrimage into the fire, hardening and protective which opens up to soft floral notes tantalizing the senses. DEEP Man is an honouring fragrance to explore the outer regions of creative exquisite perfumes. Integrate your being with the desert through the flames aromatically ~ while inspired for men, some women have appreciated this fragrance to bring out their earthy edges and develop / protect their rugged spirit. Women, these perfumes also make a special gift to the rugged Deep Men in your life that you love ~ Deep Woman is coming soon :-)

Apply around the wrist points and neck. Can apply onto clothing or chest area – invite the rugged trees and natural world into your auric field ~ In-JOY this precious and powerful perfume blend!

**Ingredients: Wildcrafted Amyris (Haiti), CO2 Extracted Calamus Root (Poland), Dry Distilled Cade, Wildcrafted Chinese Cedar (China), Jasmine Grandiflorum (India), Organic Lavender Reserve var. Delphinensis (2014 Vintage – France), Wildcrafted Muhuhu (Tanzania) infused in Organic Craft Honey Spirits.**



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