



Essential Oil Wizardry

## ~ Monthly Alchemy Club ~ February 2019

**Wizard Alchemy Blend: Heart**

**Essential Oil of the Month: Bitter Orange**

**Essential Oil Tincture: Ultrasonic Cacao Tincture**

**Exquisite Botanical Perfume: Desire Perfume**

### Heart (Divine-Align: Chakra Set)

Presenting our phenomenal Heart ~ Divine-Align Blend ~ Heart has been one of our most popular essential oil blends since it's inception and this is the first time we've ever offered it in our Alchemy Club package. Powerful synergy of heart centered flowers including Geranium, two extraction types of Rose with Ginger Lily adding a spicy tropical note. The blend is lifted up with licorice notes from Palo Santo and has a sense of spice with CO2 Nutmeg. Perfectly balanced and scented, Heart will lift your mood, expand your heart, support forgiveness and elevate the mood.

Heart may be applied around the wrist points, around the auric field (in front / around body), massaged into the heart of yourself or lover, around the neck and deeply inhaled.

**Ingredients: Wildcrafted CO2 Extracted Ginger Lily (India) Organic CO2 Extracted Nutmeg (Indonesia), Wildcrafted Palo Santo (Ecuador), Organic Rose-Geranium (S. Africa), Rose Absolute (Bulgaria), Rose Otto (Turkey) infused in ORMUS Enhanced Fractionated Coconut Oil.**

### Organic Bitter Orange, Steam Distilled (Egypt)

Bitter Orange is a unique botanical that ranges between different categories as a food, drug & dietary supplement. The active ingredients found in the orange peels include N-methyltyramine, synephrine, and octopamine though I have yet to find a GC-MS which discovers any of these present in the oil. Bitter Orange EO stimulates the digestive system, immune system & **can be quite euphoric!** Very interesting for flavoring your chocolate or culinary dishes, and great for household cleaning! May cause palpable body euphoria, increase heart rate & cause a "floaty" feeling in body for 2-3+ hours.

Wonderful to use through a diffuser! Make a house cleaner using 1.5 ounce of Isopropyl Alcohol / 8 oz H2O / 45-75 drops EO. This is for the experimental at heart only: infuse 10 drops into 1 mL of Olive Oil – swallow in a capsule. Onset ~60 minutes, and may be much more powerful than you think! Not for everyday use! **Avoid in elevated heart rate / blood pressure, do not consume alcohol concurrently.**



Essential Oil Wizardry



# Essential Oil Wizardry

**Ingredients:** Organic Steam Distilled Bitter Orange (*Citrus aurantium var. amara*) from Egypt.

## Ultrasonic Cacao Tincture (Ultrasonic Extract)

What a delightful Ultrasonic Extract we have for you all this month! Our Ultrasonic Cacao has been the most challenging (and successful) extract to date, with the high concentration of fats found in the ceremonial grade cacao beans. We have taken the opportunity to use our Ultrasonic equipment to successfully extract cacao using water and concentrating it into a cacao extract. It is not possible to distill cacao to produce an essential oil ... but we have been successful to produce a low yield and AMAZING Ultrasonic Cacao extract. Furthermore, we have taken our delicious chocolate extract and infused it into organic Coconut Spirits for a rich, decadent treat.

We saved this extract for you! Our team is clear with the amount of time it took to filter this product, we will not be extracting cacao beans again. We will experiment with cacao powder (defatted cacao) to see if we can recreate this product – but this sacred batch has been coveted for our Alchemy Club Members.

This is energizing, heart-opening and delightful in flavor. 1-5 drops seems to be appropriate usage, great to share at parties, intimate gatherings and in ceremony.

**Ingredients:** Organic Cacao (Peru | Guatemala Blend) Care-FULLY Extracted in Energized, Restructured Distilled Water and infused in Organic Craft Coconut Spirits.

## Desire Perfume (Exquisite Botanical Perfume)

Desire Perfume brings out your inner sexiness ~ be the temptation that your dreams fulfill. Botanical Perfume Desire was inspired during shavasana during a yoga class in San Luis Obispo that expressed itself ingredient by ingredient. This blend is a sensuous blend of deep sacred wood notes (Copal Bark & Muhuhu) that are lifted with a rare, spicy perfume-grade Nutmeg Absolute. Amplified with spice & sweetness with a true, organic Ceylon Cinnamon from Sri-Lanka, and our CO2 Extracted Vanilla for the finishing sweet top-note.

Desire was Dr. Nick's personal perfume blend for about three months (long time for me!) - playful, sexy, warming and grounding. Desire Perfume is well-balanced and quite expressive through an Organic Honey / Coconut Spirit Blend that develops & evolves on the skin for hours! Apply to the wrists, around the body. May choose to avoid use on sensitive skin (cinnamon), such as face.

**Ingredients:** Wildcrafted CO2 Extracted African Copal Bark (Africa), Organic Cinnamon Bark (Sri-Lanka), Wildcrafted Muhuhu (Ethiopia), Wildcrafted Nutmeg Absolute (Indonesia), Organic CO2 Extracted Vanilla (Comoros) infused in Organic Honey / Coconut Spirits.



# Essential Oil Wizardry