



Essential Oil Wizardry

## ~ Monthly Alchemy Club ~ January 2019

**Wizard Alchemy Blend: Release**

**Essential Oil of the Month: Palmarosa**

**Essential Oil Tincture: Ultrasonic Damiana Tincture**

**Exquisite Botanical Perfume: Mimosa Perfume**

### Release (Therapeutic Formula)

Our friends in Los Angeles at the Human Garage asked us what we thought would be supportive for clients recovering from addiction - Release was birthed as a result! Release is a marriage of intuition and scientific evaluation using clinical literature to curb cravings & align more healthful habits.

Mechanism of action suggests Grapefruit can support reducing food cravings, Cinnamon to stabilize blood sugar spikes & small clinical trials have evaluated Black Pepper for smoking cessation. This intelligent approach was curated to combine euphoria inducing Nutmeg, Elemi to support the mood while Black Pine enhances focus and clarity. Rose-Geranium ties the whole blend together with a heart note and aids the emotional body with forgiveness, bringing the formulation to completion.

Release can be infused into water, honey or warm beverages using small concentrations – be aware, some people may be too sensitive to the cinnamon concentration and may consider alternatively infusing a capsule with 1-2 drops in coconut oil. Release may be diffused into any triggering environment. Experiment w/ applying onto the feet in the AM or PM – Vaporized using an Essential VAAAPP is my favorite way to support sugar cravings (personally tested). EOW has received reports of successful smoking cessation using both the Release Tincture and vaporizing/inhaling Release!

**Ingredients: PURE Essential Oils of Organic Black Pepper (Sri-Lanka), Organic Black Pine (France), Organic Cinnamon Bark (Sri-Lanka), Wild Elemi (Philippines), Distilled Grapefruit Essence (S. Africa), Organic Nutmeg (Sri-Lanka), Organic Rose-Geranium (S. Africa).**

### Organic Palmarosa, Steam Distilled (Sri-Lanka)

Palmarosa boasts a versatile heart note with practical applications for skin care with broad-spectrum anti-microbial activity for cleaning the home and invigorating the body. The extract is produced from a perennial grass which smells rosey & lemony. Palmarosa is a perfect ingredient for home cleaners, facial toners and artisan desserts. Try experimenting with Palmarosa during second fermentation in home Kombucha / Jun cultures!



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Palmarosa may be irritating on the skin and one should start off with 1-2.5% if applying to sensitive skin for finalized body care products. P-Rosa can be applied onto sponges for cleaning in the kitchen or bathroom & makes a great room spray 5-10% infused into water! Great in conjunction with our Sacred Toner, try infusing 5-10 drops / ounce :- ) ~ How are you choosing to experiment with Palmarosa?

**Ingredients: Organic Steam Distilled Palmarosa (*Cymbopogon martinii*) from Sri-Lanka.**

## Ultrasonic Damiana Tincture (Ultrasonic Extract)

This is our second success with a commercially viable ultrasonic extract! We started off with organic Damiana herb which was so pungent with maple, caramel and cacao notes. Our team loved it so much, we processed this material for a month and got to refine our extraction processes. Our Alchemy Club Members are receiving the crème de le crème from our month of extraction ~ our “headstash” batch of Maeng Da-Miana. “Maeng Da” refers to exquisite grade, a term borrowed from Kratom production.

Our special reserve of “Maeng Da-Miana” averages <105 degrees F during the processing phase. We manually squeeze material to remove the maximal amount of active constituents during the filtration process. We also increased the potency about 20% compared to prior releases ~ The Maeng Da-Miana has a richer, more full spectrum flavor profile compared to previously public released Damiana tinctures!

For optimal use, we enjoy ¼ dropper to 1 dropperful under the tongue. The effects are mild, a slight brightening of colour hues, increased ease with creativity & flow and a deepening quality to meditation & sensuality. I’ve had massively profound meditations with a synergy of Mugwort / Damiana mixture at higher dosages, check out our Ultrasonic Damiana Tincture description online for more info!

**Ingredients: Organic Damiana (Mexico) Care-FULLY Extracted in Energized, Restructured Distilled Water and infused in Organic Craft Honey Spirits.**

## Mimosa Perfume (Exquisite Botanical Perfume)

Mimosa flowers express honeysuckle dreams through their intoxicating notes. The flowers are a beautiful rosy pink hue in their prime. Mimosa’s vibrant aromatic notes stem from their indolic compounds which are very delicate. Some people have commented that Mimosa smells like the stuff dreams are made of and make references to a similar aromatic profile of DMT (Dimethyltryptamine), due to the heavenly Indolic notes. Mimosa Perfume is a very unique, precious and uncommon botanical perfume infused in a fine craft synergy of aromatic spirits for several months of alchemical magick!

Mimosa Perfume may be applied to your wrist points & around your body before meditation and ceremony.

**Ingredients: Floral Absolute Extract & Plant Waxes from Mimosa Flowers infused in Organic Honey / Coconut Spirits.**



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