



# Essential Oil Wizardry

## ~ Monthly Alchemy Club ~

### November 2018

**Wizard Alchemy Blend: Chai Perfect**

**Essential Oil of the Month: Black Spruce**

**Essential Oil Tincture: Ultrasonic Mugwort Tincture**

**Exquisite Botanical Perfume: Sensation Perfume**

### **Chai Perfect (Conscious Bartending)**

Chai Perfect is the current evolution from our original Chai formulation which started its journey as “Chai Gold”. Living on Big Island, Hawaii, the inspiration came through to formulate a delicious Chai concentrate which would serve as a “Chai in a Bottle”. This essential oil concentrate is used as a flavoring with nut-milk to produce a superior Chai, on-the-fly. Chai Perfect lives up to its name as a well-balanced, full-spectrum Chai formulation that aids to balance negative effects of caffeine (Cardamom) and delivers a rich, bold flavor.

Add into other teas (ie. 1 drop / 8-16 oz), top onto your favorite desserts (ie. 1 drop / 4-8 oz), warm water (ie. 1 drop / 8-16 oz) or infuse in your diffuser or Essential VAAAPP device. Some people have reported enjoying this on their clothing (may stain light clothes) or wearing on the wrists over the years. Applied topically, Chai Perfect may be moderately irritating. Not intended for everyday consumption.

**Ingredients: PURE Concentrated Blend of ~ Organic Black Pepper (Sri-Lanka), Organic CO2 Extracted Cardamom (Guatemala), Organic Cinnamon Bark (Sri-Lanka), Organic CO2 Extracted Clove (Madagascar), Organic CO2 Extracted Coconut Pulp (Sri-Lanka), Organic Ginger (Madagascar), Organic CO2 Extracted Star Anise (Vietnam), Organic CO2 Extracted Vanilla (Comoros).**

### **Organic Steam Distilled, Black Spruce (France)**

Black Spruce is a wildly special, Organic extract from the needles of the *Picea mariana*, Our friend Benjamin Pixie (wild beetender & honey mead producer) strongly advocates rubbing this over his kidneys to balance/stimulate the adrenals. Black Spruce oil is extracted from needles & twigs and delivers a clarifying effect, with gentle stimulation. Slight floral, fruity notes, very uplifting aromatic profile. Stimulates the immune system and helpful for mild joint/muscle pain. Expectorant qualities.

Black Spruce is superior for adding into therapeutic formulas & botanical perfumery!



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Black Spruce can be infused into a carrier oil and massaged into joints / muscles. A few drops in a warm bath tub with epsom salt is a true treatment to yourself, your muscles and the world! Inhale through an Essential VAAAPP (vaporizer). No Essential VAAAPP? Try infusing a few drops in a steaming pot of water, place a towel over your head/bare chest like a sauna - wonderful to stimulate the immune system and aids to clear mucus/phlegm ~ Let us know how you enjoy your Black Spruce!

**Ingredients: Organic Steam Distilled Black Spruce (*Picea mariana*) from France.**

## Ultrasonic Mugwort Tincture (Ultrasonic Tinctures)

Get ready for something tantalizingly special! We are very excited about this limited edition Mugwort tincture produced from locally sourced, Ashlantian Mugwort. Grown by our friend JaMeson over the past three years, our EOW team decided to put our Ultrasonic Extraction Equipment to great use. Our results are an impressively potent, artisan Mugwort Tincture! Check out the process our team took to produce the Ultrasonic Mugwort Extract here:

[essentialoilwizardry.com/product/ultrasonic-mugwort-tincture/](http://essentialoilwizardry.com/product/ultrasonic-mugwort-tincture/)

Mugwort is known to have toxicity and displays a very narrow therapeutic window of safety. Mugwort MUST be avoided in pregnancy. Please read Dr. Nick's personal experimentations with this tincture on the webpage above – stick to 1-3 drops use. Avoid this product if your health is not in an ideal state – this is a highly potent & experimental product! Very dreamy, intoxicating and mood-elevating in powerful ways ~

**Ingredients: Wildharvested, Locally Sourced Mugwort (*Artemisia vulgaris*) Ultrasonic Extracted by Essential Oil Wizardry in Restructured Spring Water infused in Organic Craft Lychee Alcohol.**

## Sensation (Exquisite Botanical Perfume)

Be Sensational ~ This exploratory realm is a Sensation that combines rich decadent herbs with floral fauna, exotic spices, zingy citrus and melds them all into an Organic Craft Lychee Spirits to be worn onto the body. The inspiration came in 2018 Summer months with our arrival of our Organic Craft Lychee. Sensation called to be taken to the next-level as an Exquisite Botanical Perfume with this sensual fruity base.

Calling in Play? The aromatic profile for Sensation is rich & opulent ~ juicy and sexy ~ lingers for HOURS Apply around the wrist points, around the chest and neck area. Apply under the clothes during bright sunny days!

**\*\* There is some theoretical concern about application to areas when exposed to direct sunlight, due to the Bergaptene-rich Bergamot, which is present in small amounts – may cause severe sunburn if exposed to sun. \*\***

**Ingredients: Organic Bergamot (Italy), Organic CO2 Extracted Cardamom (Guatemala), Organic Fennel (France), Organic Geranium (S. Africa), Organic Peppermint (India), Organic Ylang Ylang Extra (Madagascar) infused in Organic Lychee Spirits**



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