



Essential Oil Wizardry

~ Monthly Alchemy Club ~ July 2018

Wizard Alchemy Blend: Alleviate
Essential Oil of the Month: Litsea Cubeba
Essential Oil Tincture: Throat
Exquisite Botanical Perfume: Root

Alleviate (Therapeutic Formula)

Alleviate brings a new level of skin support to wounds, cuts, scarring and other injuries. This formula brings together vulnerary plants offering anti-inflammatory properties using pro-regenerative botanical extracts. Alleviate is great for post surgery, gnarly wounds, new/old scars and burns – Each of the extracts found in Alleviate offer superior anti-inflammatory responses, coupled with increased cellular turn-over and regenerative skin support. Alleviate is inspired by our partner Carter with Essential Oil Wizardry to produce a superior regenerative formulation for the physical body.

Apply onto the skin, over wounds and as needed to injuries. Great aid post surgery or serious wounding – May stain light clothing. Can reapply using 2-3x/day as needed during recovery!

**** Be aware that with a small amount of St. John's Wort, this formula may NOT be best applied to skin exposed to direct sunlight to avoid phototoxicity. ****

Ingredients: Organic Arnica CO2 Extract (Herzegovina), Organic Black Cumin CO2 Extract (India), Wildcrafted Copaiba Balsam (Peru), Organic Helichrysum (Herzegovina), Rose Absolute (Morocco), Organic St. John's Wort CO2 Extract (Austria), Organic Turmeric CO2 Extract (Vietnam) infused in Fractionated Coconut Oil

Litsea Cubeba, Steam Distilled (Vietnam)

Litsea Cubeba is uncommonly known in the Western world ~ often known as May Chang in the East. Litsea is a very interesting extract both for culinary and aromatic purposes. Litsea is collected from the fruit of the Litsea cubeba tree ~ the fruit resembles a pepper and offers notes of a decadent tropical lime. Litsea may be thought of a more elegant expression of lemongrass or a distilled lime extract with intriguing energetic qualities.

Our team has found this is a great oil for diffusing in an environment – both relaxing and stimulating simultaneously. It's great using dynamic diffusion, applying a few drops in the hands and wafting



Essential Oil Wizardry



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around the body to cleanse the auric field – it seems to reset / remove negative emotions or patterning. Litsea cubeba can be infused into your favorite skin care products to help reduce acne and stimulate the pores ~ start with 4 drops / oz of product.

Moderate dermal irritant at relatively low concentrations - start off with 1- 2.5% when used topically.

Ingredients: Organic Steam Distilled, Litsea Cubeba (*Litsea cubeba*) from Vietnam.

Throat (Essential Oil Tincture)

Throat Essential Oil Tincture is one of our latest & greatest additions to our tincture collection. This one is very powerful both for physical and energetic attunements. Inspired by our team member Dia as a tool to relieve negative energies – this one opens the throat, lungs and supports detoxification. Throat tincture is a very phenomenal dosage form for our Throat Chakra blend – we've found artists/singers really benefit from this one; it's also supportive for public speakers & enhancing clarity in communication.

Very proud of this one! Potent formula and great to keep nearby in the office space or to be used during ceremonial settings. Take one drop on/under the tongue and breathe in to clear your expression and aid your throat chakra.

Ingredients: Calamus Root CO2 Extract, Wildcrafted Frankincense Carterii (Somalia), Wildcrafted Galbanum CO2 Extract, Organic Lavender Malette (Washington), Organic Peppermint (India), Wildcrafted Ravensara (Madagascar), Wildcrafted White Sage (California) infused in Organic Sugar Cane Alcohol

Root (Exquisite Botanical Perfume)

Root is one of my favorite formulations marrying calm, earthy scent with therapeutic purpose. We've tried something new and fallen in love AGAIN ~ we've acquired 1 gallon of Craft Organic Coconut Alcohol and have added this into our Root Chakra blend to produce a therapeutic & beautifully soft sensual Exquisite Botanical Perfume. Root Perfume offers an earthy caramel delight that bouquets like a soft flower opening to the morning sun.

Stunning – when I apply to my wrist points and around my neck, I notice a sense of calm and relaxation coming into my being. The aromatic notes of sweet, grounding Earth dazzle on the body for hours. Amazing alchemical treat with the Organic Artisan Crafted Coconut Alcohol playing well with the Root Chakra formula ~ may this bring delectable stillness into your life :-)

Ingredients: Organic Myrrh CO2 Extract (Somalia), Wildcrafted Himalayan Cedar (India), Wildcrafted Red Spikenard (India), Wildcrafted Vetiver (Haiti), Wildcrafted Davana (India) infused in Organic Artisan Crafted Coconut Spirits



Essential Oil Wizardry