



Essential Oil Wizardry

~ Monthly Alchemy Club ~

June 2018

Wizard Alchemy Blend: Prabhupad Immune
Essential Oil of the Month: Calamus Root (CO2)
Essential Oil Tincture: Psychic Protection
Exquisite Botanical Perfume: Soul~Stice

Prabhupad Immune (Therapeutic Formula)

Prabhupad Immune is a powerful staple and wonderful to keep in your medicine chest. Blend of potent anti-infective essential oils which have clinical evidence to stimulate white blood cells and powerful antibiotic / anti-viral properties. Prabhupad Immune, inspired by our friend Arya says this mixture was developed by pharmacist and leader of the Hare-Krishna movement Prabhupad. From the guidance of the plants, the ratios for this formula was guided & provided to produce this potent therapeutic blend. PI is Essential Oil Wizardry's broad-spectrum, immune-stimulating formulation ~

Prabhupad Immune can be diffused in your home to freshen & cleanse an environment. I've thoroughly enjoyed vaporizing or dabbing this formulation at first onset of sickness, which greatly reduces the symptoms and recovery time during illness (personal experience). If applied topically to wounds, greatly dilute first using <10% of this concentrated formula in your favorite carrier oil.

** Some people enjoy applying to the bottom of the feet – note that when applied topically it can be a dermal irritating so **DILUTE IT!** Close eyes if taking a steam bath with Prabhupad Immune ~ **

Ingredients: Organic Cinnamon Bark (Sri-Lanka), Organic Clove Bud (Madagascar), Organic Eucalyptus Smithii (S. Africa), Organic Oregano heracleoticum (France), Organic Peppermint (India) ~ Pure, Undiluted Concentrate

Calamus Root, CO2 Extract (Poland)

Sacred Calamus Root is a divining agent that has many secrets and millennia of psychotropic ritual / usage. Traditional usage of this root is applied as a snuff, blown into the nostrils of the recipient for increased visions, energy and energetic cleansing. The extract has an air of magick, both grounding & protecting with a touch of energy. Calamus Root is also known as sweet flag, perhaps for it's rich sweet notes ~ Dreamy, softening and grounding.

Modern research has investigated an ingredient in some species of Calamus Root including this extract



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known as B-asarone to have beneficial pharmacological activity with potential hepatotoxicity. This root has been used for thousands of years in ritual and as a medicine (stomachic, nausea, headache) in cultures including Nepal, India.

Dr. Nick's opinion is that as a whole plant extract, usage of this extract infrequently and/or topically offers low risk to healthy individuals. Testing toxicity of a single molecule vs. the natural entourage synergy of molecules found in a whole plant extract will have different balanced properties and outcomes in the human body.

Consider using calamus root as an anointing blend on the third eye or wrist points for meditation, ritual or ceremony. Applied to the bottoms of the feet before bedtime aid with a slight deepening and enriching of the dreamscape. Not suggested for vaporization due to questionable safety. Listen to your body, intuition and not just my writings or the scientific perspective. This is an intriguing, rare extract!

Learn more about β -Asarone studies at:

<https://www.sciencedirect.com/science/article/pii/S0944711317300533>

Ingredients: CO2 Extracted Calamus Root (*Acorus calamus*) from Poland.

Psychic Protection (Essential Oil Tincture)

One of our Ceremonial Creations expressed in tincture format, to aid and clear a person's personal environment of dense & negative energies. Psychic Protection may be the most powerful formula that I have created to date – this formulation came to me during an ayahuasca ceremony when I was living with my mentor on the Big Island, Hawaii. About half of the extracts were new to me (at the time) and I was guided to add them all together in their proportions. The result is still humbling in effectiveness!

This formula is crucial and useful around times neutralizing negative energies or harsh feelings is appropriate. Yelling, physical fights, funerals, office, healing sessions, ceremonial environments are all examples of when Psychic Protection is very useful!

Psychic Protection is very powerful as a tincture, I enjoy using single drops at a time under the tongue. The mixture can also be placed onto the wrist to help energetically protect the body from negative energies. Potent formula and great to keep nearby in the office space or during ceremonial settings.

**** Important contraindications – do not take if you have any blood clotting issues or if you are pregnant! ****

Ingredients: CO2 Extracted Angelica Root (Poland), CO2 Extracted Calamus Root (Poland), Organic CO2 Extracted Cardamom (Guatemala), Traditionally Distilled Cistus (Spain), Organic Cypress Leaf (France), CO2 Extracted Galbanum (Iran), Organic CO2 Extracted Myrrh (Somalia), Wildcrafted Spikenard (India), Organic Vetiver (Haiti) infused in Organic Sugar Cane Alcohol



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Soul~Stice (Exquisite Botanical Perfume)

Get ready for this very special release! Soul~Stice was our closing celebration and final collABorative blend with Alicia Mai in San Luis Obispo when we were moving off to Ashland, Oregon. Rich, creamy, sweet & decadent, Soul~Stice plays with the frost expressing itself on Christmas trees with spice and warmth breaking through on the dry-off. This botanical perfume may be our most exquisite forest attire to date, balancing an earthy base with crisp fir needle top notes and some exotic notes that develop with time as you wear it.

Apply to the wrist points, around the neck and body to elevate & inspire. Get ready for transition of seasons!

Ingredients: Benzoin, CO2 Extracted Calamus Root (Poland), Wildcrafted Elemi (Philippines), Organic Giant Fir (France), Wildcrafted Pink Pepper (Madagascar), Wildcrafted Rhododendron (Nepal), Wildcrafted White Sage (California) infused in Organic Honey Spirits

~ Gift For Our Members from our NEW Lab Setup & Garden ~

Lilac Infusion, Ultrasonic Extraction (Ashland, Oregon)

I'm honoured to share our first infused oil extraction, available as a gift only to our Monthly Alchemy Club members. Lilac is one of the most difficult essences to extract on the planet, and my mentor co-created the processes with the famous Charle-Pan, one of the world's leading expert's on Lilac on how to extract a true lilac anhydrous essential oil using enfleurage method.

After a brilliant rain in Ashland, Oregon the sun came out to play and we discovered vivacious lilac flowers growing in our back yard. Being guided to harvest some of the flowers, I had a ceremonial journey discovering how to extract / preserve FRESH flowers and continue to honour their essence through the seasons. I harvested about 350 grams of fresh petals and produced a lilac tincture & lilac infused fractionated coconut oil. For the lilac infusion, I delicately mixed and pressed the flowers into the oil without breaking / bruising their bodies and we used the ultrasonic to remove the aromatic material into the oil.

One of the major challenges of extracting the aromatics from fresh flowers is the process takes time to remove the aromatic molecules. Flowers tend to start to rot in 24-48 and the oil can start to turn rancid with any water that gets removed from the fresh flower material. Using the ultrasonic waves, I was able to successfully remove notable aromatic material from the lilac flowers in several hours and let them sit for close to two days before filtering the flower material out. I then added a very small amount (0.1%) of Rosemary Antioxidant to reduce risk of spoilage from any water that was made miscible into the oil solution because of the ultrasonic waves. The result?



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Lilac Infusion, Ultrasonic Extraction (Ashland, Oregon) – Cont.

This product is a light single-strength, infused oil with beautiful wild-harvested lilac flowers, filtered. Lilac is said to open the heart, elevate the mood and heal emotional trauma. According to Charle-Pan the wood from the lilac is a bitter that stimulates the liver and promotes detoxification. This beautiful oil carries the frequency of light, love and radiant beauty. Soft, gentle and soothing, this is a great ally to remember the vitality of quiet lovers can be with us always.

Great to apply on the skin, use as part of a massage, infuse into the bottoms of the feet or apply to the face for nourishment. Let me know how you love this sacred gift and whether there is interest to produce more intriguing limited edition, wild-crafted gifts as this for you & the world to enjoy!

Ingredients: Wildharvested Lilac Flowers from our garden in Ashland, Oregon ~ infused in Fractionated Coconut Oil (stabilized with 0.1% Rosemary Antioxidant)



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