



Essential Oil Wizardry

~ Alchemy Subscription Package ~ Month of March 2018

Wizard Alchemy Blend: Citrus Blast

Essential Oil of the Month: Sweet Basil

Essential Oil Tincture: ReSpire

Exquisite Botanical Perfume: Unity

Citrus Blast (Conscious Bartending / Vapor Oil)

Citrus Blast is one of my original blends that dates back to my earliest days with essential oils around 2012. My earliest memories of this blend include vaporizing Citrus Blast with friends around a campfire after an ayahuasca ceremony in Los Angeles. Uplifting, refreshing, cleansing – this blend smells to me like a perfectly balanced sweet-tart organic citrus candy.

This formula has been used over the years as a multi-purposed blend – infused into beverages (ie. water, club soda, cocktails), added to salad dressings to heighten the gourmet experience, made into a homemade cleaner (phenomenal at dissolving grease & killing germs). Perhaps most enjoyable, Citrus Blast makes unforgettable vaporizable oil and really makes an environment more vibrant w/ diffusion.

Try using 1 drop / 4-8 ounces in beverages or oil-based salad dressings. To vaporize, use a single drop in a vial to be vaporized through an Essential VAAAPP or FireFly – the effects are quite bright and empowering: stimulating the mood, immune system and clearing the mind. Citrus oils are some of the best solvents for dissolving gunk/grease and can help with sticky messes without harsh chemicals. Try making a cleaning spray for the kitchen/bathroom with 20% coconut vinegar, 2-5% Citrus Blast, 10%+ Isopropyl Alcohol, filled with water.

Ingredients: Organic Cold-Pressed Blood Orange (Italy), Organic Hydrodistilled Lemon (S. Africa), Organic Hydrodistilled Lime (Sri-Lanka).

Unsprayed Sweet Basil, Steam Distilled (*Ocimum basilicum*)

Aromatically potent Sweet Basil ~ Basil is quite uplifting, stimulating the mind or mood – placed into a diffuser offers credible focus and productivity with an applied mindset. Basil is a powerful extract to use as a gourmet enhancement for salad dressings, pizzas / pastas – use sparingly to avoid overpowering your dish. Powerful anti-viral, anti-bacterial properties – works well as a bug repellent or to disinfect your environment. Ladies can consider using basil essential oil for UTIs.



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Unsprayed Sweet Basil, Steam Distilled (Continued)

Basil can be quite irritating topically and should be diluted well (ie. < 2%) when applied therapeutically. Infused into food, usually single drops in meals/soups are plentiful as this is a very potent extract. Basil is a super star vaporized or diffused into an environment. Works well combined well with Citrus Blast as part of a cleaning spray/ Women for UTI's consider making a Apple Cider Vinegar Tonic with 1 tablespoon of ACV, 1 drop of basil, in two ounces of water blended well. Enjoy!

Ingredients: Unsprayed Steam Distilled Sweet Basil from Madagascar.

ReSpire (Essential Oil Tincture)

ReSpire Tincture is a wondrous remix on one of our most popular therapeutic formulations. “Inspire the Breath” with our ReSpire tincture formulation – soothe the throat, lungs and clear out the sinuses. This is a great way to share expansion of the breath with your friends during winter seasons or at times of noxious air in your local region. The synergistic blend found in ReSpire has helps soothe / relax the bronchials, ease the throat while providing very strong anti-microbial properties. We've had beneficial testimonials from customers with COPD, Asthma and the SB/Ojai fires rave about this product.

To enjoy this product, I would suggest using one drop on the tongue, rolling the tongue and deeply inhaling into the lungs. This product can also be infused into a diffuser, or applied to a bandana and worn over the face in a work environment to stimulate your lungs/immune system.

Ingredients: Organic Eucalyptus Polybractae (Australia), Wildcrafted Frankincense Carterii (CO2), Wildcrafted Leleshwa (Kenya), Organic Niaouli (Madagascar), Organic Peppermint (India), Wildcrafted Ravensara (Madagascar), Organic Black Spruce (Canada), Organic Thyme linalol (France) infused into Organic Sugar Cane Alcohol.

Unity (Exquisite Botanical Perfume)

Unity is the dynamic alignment that happens when opposite polarities bring dimension, shape and experience into fruition. Very charming, bright floral, uplifting & earthy blend intended to honour the sacredness of polar opposites bringing energies into harmony. Flowers, resins, roots and earthy leaves play together for an entourage of aromatic mastery.

Unity is helpful for dynamically changing one's mood and environment in the space. Unity can be worn / applied onto the chest, wrist points or on the clothing. Want to try something fun & unique? Try applying some Unity onto your favorite incense stick, let it dry and light it up. Unity ~ Success!

Ingredients: Organic Curcuma (CO2), Jasmine Grandiflorum Absolute (India), Wildcrafted Opoponax (S. Africa), Organic Patchouli (Sri-Lanka), Sugandha Kokila (Nepal), Organic Blue Yarrow (S. Africa), Organic Ylang Ylang Extra (Madagascar) infused into Organic Honey Spirits.



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