



Essential Oil Wizardry

## ~ Alchemy Subscription Package ~ Month of January 2018

**Wizard Alchemy Blend: Confidence**  
**Essential Oil of the Month: Thyme**  
**Essential Oil Tincture: Cosmic Orgasm**  
**Exquisite Botanical Perfume: Sacral**

### Confidence (Botanical Perfume)

Cool, uplifting and enriching ~ Confidence, a therapeutic botanical perfume formulated to express the regal elegance of the divine feminine. This formulation expresses archetype Goddess energy and supports clear communication and intent for both men and women. Exquisite and lovely, Confidence offers quite a unique aromatic profile that is centering and empowering. Confidence could be seen as a feminine reflection of the more masculine “Prosperity” formula.

When applying this formula, try using a few drops in front of the body (auric field) around the stomach (solar plexus) and in front of the throat. Then apply around the wrist points and wear as desired as a botanical perfume. How do you enjoy using Confidence?

**Ingredients: Wildcrafted Benzoin Absolute (Laos), Cassie Absolute (Egypt), Wildcrafted Frankincense Sacra (Oman), Organic Red Mandarin (Brazil), Neroli (Egypt), Wildcrafted Rhododendron, Wildcrafted Violet Leaf infused into Fractionated Coconut Oil enhanced with monoatomic minerals.**

### Organic Thyme, Steam Distilled (*Thymus vulgaris*) ~ S. Africa

Thyme is a powerful botanical ally to incorporate as a lifestyle solution. When traveling in the high Andean mountains, I steeped 1-2 drops in 16 oz of steaming water to support my adaptation for high altitude. Thyme is said to be an herb which aids in increasing oxygen absorption into the blood speeding adaptation to high altitude. Thyme is high in the phenol “thymol”, which delivers powerful anti-microbial, anti-bacterial properties. An important ally to have in your medicine chest!

If used topically, this thyme should be diluted to 1-2.5% in a carrier oil – Thyme can be quite irritating for sensitive skin. Can vaporize in an Essential VAAAPP or FireFly to disrupt respiratory infections or a flu (anti-bacterial/viral properties), note that it may be irritating for sensitive respiratory systems. Try adding with peppermint or ravensara and diffuse into an environment to stimulate the immune system and disinfect the environment.



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**Ingredients:** Organic Steam Distilled Red Thyme (*Thymus vulgaris var. thymol*) from S. Africa.

## Cosmic Orgasm (Essential Oil Tincture)

Have you ever had a Cosmic Orgasm? Essential Oil Wizardry's first Vapor Oil later turned into an Essential Oil Tincture! Inspired on New Year's Eve 2012 in Cuzco, Peru at Lesley's "Casa De La Gringa" Hostel with other international guests. This combination of multi-dimensional Hawaiian Sandalwood layered with Moroccan Cedarwood and Israeli Blood Orange creates a masterful palette in the mouth that develops overtime!

The effects are soothing – grounding yet expansive ~ a perfect ally for meditation, making new friends and going deeper into the reflective self. I tend to enjoy a single drop on the tongue by mouth as desired for a miraculous bouquet aromatically appreciated through all the senses ~

**Ingredients:** Wildcrafted Royal Hawaiian Sandalwood (Hawaii), Organic Cedar Atlas (Morocco), Blood Orange (Israel) infused into Organic Sugar Cane Alcohol

## Sacral (Exquisite Botanical Perfume)

This month's package set is sealed to perfection combined with our Sacral Chakra as an exquisite botanical perfume. Sacral Perfume is another example of a therapeutic botanical perfume which tantalizes the senses and supports healing of emotional trauma, forgiveness and feelings around sexuality. A bright, herbaceous and slightly floral blend brings a feeling of calm and expansiveness.

Sacral can be applied to the lower abdomen, around the wrists and worn around the body as a botanical perfume. Enjoy this expression of Sacral for your aromatic delights and emotional healing!

**Ingredients:** Organic Clary Sage (France), Organic Cypress Leaf (France), Organic Geranium (S. Africa), Grapefruit Essence (S. Africa), CO2 Extracted Juniper Berries (Macedonia), Organic Palmarosa (Sri-Lanka), Organic CO2 Turmeric (Vietnam), Organic Blue Yarrow (S. Africa) infused into Organic Honey Spirits.



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