



Essential Oil Wizardry

~ Alchemy Subscription Package ~ Month of July 2017

Wizard Alchemy Blend: DreamScape
Essential Oil of the Month: Leleshwa
Essential Oil Tincture: Can Candida
Exquisite Botanical Perfume: Immersion

DreamScape (Therapeutic Blend)

DreamScape brings the depth of the dream space into a more accessible zone for everyone. This deeply hypnotic and powerfully aromatic blend marries intoxicating herbs, leaves and flowers to bring a grounding and etheric space to explore in dreamtime. Some people report more pronounced lucid dream type effects – as someone who doesn't regularly recall my dreams, I find it heightens my dreamscape awareness between 40-60% of my usage.

My favorite application for DreamScape is to rub into the bottom of my feet, below the nose, on the wrist points directly before bedtime. I find for the best effects, application right before I lay down for rest is the most appropriate application!

Ingredients: Wildcrafted Buchu (S. Africa), Organic Lavender (France), Organic Mugwort (Morocco), Wildcrafted Tagette (S. Africa) and Valerian Root (Korea) infused into Fractionated Coconut Oil enhanced with monoatomic minerals

Leleshwa, Steam Distilled (*Tarchonanthus camphoratus*) ~ Kenya

Leleshwa is an indigenous bush which grows in Africa that is touted by tribes as a disinfectant, immune stimulant and cleaner. The plant is also known as African wild sage or camphor bush, leleshwa is a powerful essence to have in your arsenal of aromatic companions! Very uplifting aromatic qualities, this beautiful essence makes for incredible therapeutic formulations.

Leleshwa works great as a topical disinfectant – you can add 10-15 drops into your household cleaners to enhance anti-microbial properties. Another wonderful quality, leleshwa offers a natural preservative quality in as little as 0.5% in a formulation! Try applying a few drops into a steaming pot of water, closing your eyes, covering your head with a blanket and breathing in the vapors - careful not to burn yourself!

Ingredients: Wildcrafted Steam Distilled Leleshwa (*Tarchonanthus camphoratus*) from Kenya.



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Can Candida (Essential Oil Tincture)

Can Candida was formulated during my travels while I was living in my portable palace, Dusty Rose. The intention was to create a powerful anti-fungal, anti-bacterial blend which worked well to fight candida while stimulating the immune system. During this time, I was experiencing candida overgrowth which I contribute to overeating of sugar. Using several drops in the mouth (infused in a carrier oil), I swished and spat out twice a day which helped to bring my overgrowth into a more controlled resting state in less than one month.

This tincture is intended for more chronic use to stimulate the immune system and gently irradiate fungal overgrowth in the body with time. Very anti-fungal ingredients include Oregano, Rose-Geranium, Lemon, Tea Tree. Consider using 1 drop daily for 1-3 months and re-evaluate usage!

Ingredients: CO2 Extracted Cassia (China), Organic Cinnamon Leaf (Sri-Lanka), Organic Rose-Geranium (S. Africa), Organic Marjoram (S. Africa), Organic Mugwort (Morocco) infused into Organic Sugar Cane Alcohol

Immersion (Exquisite Botanical Perfume)

One of my new favorite exquisite botanical perfumes only available in small batches, inspired by my first Essential Oil Immersion Retreat at the Trillium Property in Ashland, Oregon last month! A collaboration blend with me & Alicia Mai (she's so much fun to play with!)

Our inspiration started off using an Indian Lemongrass that was gifted to me by a woman in Peru who told me that I would create something magickal using it. A friend had just gifted me some tulsi plants for our garden and a very unique (complex) Clary Sage entered my awareness. Elemi wanted to add some vivacious lemony-piney top-notes. Juniper Berries added a light and profound dimension to the blend, adding freshness and a touch of sweetness to balance the Clary Sage. We finalized the blend lifting it with a touch of Ravensara aromatica and adding an earthy base-note with a special tobacco extract.

This exquisite botanical perfume is elegant as a uni-sex perfume and is warm, earthy, bright and cheery. As Immersion sits with the body's chemistry, different layers come through. We've noticed more sweet powdery fragrances in women and more tobacco with a soft masculine tone worn my men. Delighted to deliver our monthly members another truly UNIQUE botanical perfume.

~ In Loving Passion ~

Ingredients: Organic Clary Sage (France), Wildcrafted Elemi (Philippines), Organic Lemongrass (India), CO2 Extracted Juniper Berries (Macedonia), Wildcrafted Ravensara (Madagascar), Tobacco Absolute (France), Organic Tulsi (India) infused into Organic Honey Spirits.



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