



Essential Oil Wizardry

~ Alchemy Subscription Package ~ Month of February 2017

Wizard Alchemy Blend: Violet Chill

Essential Oil of the Month: Black Cumin (CO2)

Essential Oil Tincture: Chai Perfect

Exquisite Botanical Perfume: Seduction

Violet Chill (Therapeutic Formula)

One of my first formulations developed during my stint living in Hawaii with Ravi Das. Originally called Bug Bite B Gone, this blend was formulated to reduce itching, speed healing process of wounds, cuts, bug bites and burns. Super calming, violet chill is a go-to staple to keep in the medicine chest – wonderful to use before bedtime to ease into a deeper quality of sleep.

This formula may be applied topically to the face before bed to enhance supple skin, reduce acne and improve complexion. To drop into a violet cloud of relaxation, take a three deep inhalations, massage several drops into the bottom of the feet. Apply directly to cuts, burns or wounds with a thin layer. Great diffused into a room with diffusers compatible with fractionated coconut oil.

Ingredients: Organic Lavender (France), Organic Cedar Atlas (Morocco), Wildcrafted Frankincense Carterii (CO2), Organic Myrrh (CO2) infused into Ormus Enhanced Fractionated Coconut Oil

Organic Black Cumin, CO2 Extract (*Nigella sativa*) ~ India

Years ago a friend lent me two books on the healing qualities of *Nigella sativa*, or “black seed” commonly known as Black Cumin. I learned in India, Black Cumin seed is such a common recommendation for all types of ailments by doctors to patients. With over 100+ bio-active constituents offering therapeutic benefits ranging from anti-tumor, anti-inflammatory, respiratory support, broad-spectrum anti-microbial, black cumin is a rich plant ally.

Organic CO2 Extracted Black Cumin essence can be infused into the diet as a daily supplement for generalized well-being. It’s consistency is somewhat of a aromatic carrier oil containing fatty acids in the extract. I’ve found this to be a wonderful addition to salad dressings, infused into S. American or Indian cuisine. You can also infuse this extract into a carrier oil & capsule for daily supplementation.

Ingredients: Organic CO2 Extracted Black Cumin (*Nigella sativa*) from India



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Chai Perfect (Essential Oil Tincture)

Chai Perfect is a delectable essential oil tincture that is like a fine dessert liqueur perfect for the road, after meals and shared with friends. Our Chai Perfect formulation combines traditional chai ingredients including cardamom, black pepper, cinnamon, ginger and clove and adds another dimension with CO2 extracts of Coconut Pulp, Vanilla and Star Anise. The flavor profile has the perfect amount of heat, spice and brightness to cheer up any beverage or tongue brave enough to go for an experience that only the tongue can provide!

Chai Perfect may be applied 1-2 drops on the tongue for an incredible sensory experience. This tincture can also be added onto sweet potatoes, desserts, teas, nut milks and other creative edible delights. We hope you agree, this is Chai Perfect!

Ingredients: Organic Black Pepper (S. Africa), Organic Cinnamon (Madagascar), Organic CO2 Extracted Clove Bud (Madagascar), Organic CO2 Extracted Coconut Pulp, Fresh Ginger (Indonesia), Organic CO2 Star Anise (Vietnam), Organic CO2 Extracted Vanilla (Comoros), Organic CO2 Extracted Cardamom (Guatemala) infused into Organic Sugar Cane Alcohol

Seduction (Exquisite Botanical Perfume)

To date, Seduction is my absolute favorite exquisite botanical perfume co-created with the wonderful and talented Alicia Mai. With such care and intuition, a complex two-part perfume was birthed – this journey WAS our first time ever playing with each other aromatically and infusing our botanical perfume into a fine Organic Honey Mead.

The aromatic profile is irresistible – chocolatey, rich nectar with a bright citrus component, tantalized by the green notes of Michelia Alba and Cananga. Balsam Fir Absolute is a perfumer's delight that sends the imagination to the heavenly palace ~ The experience is rounded into a deep base of vetiver and oakmoss. Many layers are inviting you to explore in Seduction and will continue to perplex all your senses for 4-6+ hours.

Apply to the body generously and consciously as this exquisite botanical perfume may attract attention through invitation of the most tantalizing forms. This is one for the finest of connoisseurs collections, my personal FAVORITE botanical perfume ~ yikes, it's delicious!!

Ingredients: Wildharvested Balsam Fir Absolute (Canada), Cacao Absolute (France), Cananga (Indonesia), Organic Red Mandarin (Brazil), Michelia Alba (China), Oakmoss Absolute (Bosnia), Organic Vetiver (Sri-Lanka) infused in Organic Artisan Crafted Honey Spirits.



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