



Essential Oil Wizardry

~ Alchemy Subscription Package ~ Month of November 2016

Wizard Alchemy Blend: InVigor
Essential Oil of the Month: Lemongrass
Essential Oil Tincture: Summer Breeze
Magick Mister / Massage: Surprise

InVigor (Therapeutic Formula)

Formulated on the Big Island (Hawaii) in 2013, this uplifting essential oil blend is a gentle and clear energizer. InVigor is great for stimulating memory, focus and concentration while expressing feelings of a clear refreshment. An inspiring blend of powerful CO2 extracted spices, aromatic herbs and purifying extracts, this formulation is great for a morning or mid-day boost. Unlike caffeine/coffee, there are no feelings of withdrawal or crash – just a higher baseline to create your day from.

My favorite way to use InVigor: Place 3-5 drops into the hands, rub the hands together and place hands over the nose & mouth. 3 deep inhalations and then massage into the head and back of the neck for 30-45 seconds. Feel rejuvenated and inspired! You may also massage into the temples as desired ~ In-Joy

Ingredients: Organic CO2 Extracted Caraway (Germany), Organic CO2 Extracted Cardamom (Guatemala), Wildcrafted CO2 Extracted Frankincense (Somalia), Organic Peppermint (India), Organic Rosemary Cineole (Tunisia), Organic Rosemary Verbenone (S. Africa), Organic Silver Fir (France), Consciously Cultivated Sweet Basil (Nepal) infused into Fractionated Coconut Oil

Organic Lemongrass (Steam Distilled) ~ Sri-Lanka

Lemongrass was one of my first loved essential oils when I was a teenager – such a simple and delicate fragrance that is strong and purifying. The aroma is perfect for diffusing into an environment, spraying around a room through a mister bottle, or adding into your favorite body scrub or massage oil.

Lemongrass is a wonderful extract to add into household cleaning agents or body care products. Of note, lemongrass may be irritating to the skin in sensitive individuals due to the concentration of citral in the essential oil. I tend to use less than 10% in my formulations if intended to be applied topically. Try adding a touch in some homemade veggie soup! So many fun uses, see what you come up with <3

Ingredients: Organic, Steam Distilled Lemongrass from Sri-Lanka.



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Summer Breeze (Essential Oil Tincture)

Summer Breeze is a spectacular expression of the transition from summer into fall, the capturing of a moment into a bottle. SB was produced in Santa Barbara at our friend Daisy's home getting ready for Bhakti Fest in 2014. This was shortly after receiving Juniper Berries (CO2) and Opoponax for my first time and felt like crafting something to honor each of them. The result came to be Summer Breeze – a smooth sunset crashing over fluid waves of the ocean blowing in the wind.

Summer Breeze is a fun EO tincture to share with friends – try dropping 1-2 drops on the tongue. Combines well with some beverages at low concentration (several drops) – rather adventurous on coconut ice cream. Hope you enjoy this wonderful tincture!

Ingredients: Wildcrafted CO2 Extracted Frankincense Carterii (Somalia), CO2 Extracted Juniper Berries (Macedonia), Organic Red Mandarin (Brazil), Wildcrafted Opoponax (S. Africa), Organic Silver Fir (France) infused into Organic Sugar Cane Alcohol

Surprise (Botanical Perfume)

This month is a special surprise inspired by the kaleidoscope of potential that manifests through our wizardry lab in San Luis Obispo. The past year has created quite a spectacular array of elegant formulations through the daily offerings produced at the lab. From each of the blends we have taken the joy of infusing small amounts of each essence into a Surprise bottle ~ I'm amazed at how smooth and expansive this blend has become... and that it shall never be the same again after today.

We will allow your mind's eye to experience the sense of scents through infinite wonder for this blend. Designed to be worn and adorned by you our precious club member!

Ingredients: Mysterious blend of Essential Oils, CO2 Extracts combined from over-extractions during blending at the lab infused in Organic Honey Spirits.



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