



Essential Oil Wizardry

~ Alchemy Subscription Package ~ Month of October 2016

Wizard Alchemy Blend: Morning Glory
Essential Oil of the Month: Nutmeg
Essential Oil Tincture: Eu-Phoria Drops
Magick Mister / Massage: Warm Calm

Morning Glory (Splash Blend)

Formulated one morning inspired by Dr. Bronner's Castile Soap for a refreshing start to the day at the SLO Yoga Centre before a brilliant shower. Using the essential oils which were living on-site as samples, a 2 ounce bottle of unscented soap received a blessing from an assortment of earthy, grounding and vitalizing essences. The blend was formulated by intuition and my shower was heavenly... as the bottle ran out, I felt inspired to reverse engineer and recreate Morning Glory.

Designed as a splash blend to massage onto your wet body after a shower, this gentle masculine refreshing concentrate offers a vitalizing solution to pep your day. When your skin is wet and well hydrated, the pores are open and the water repels the oil deeper into the body. Enjoy using this blend as a botanical perfume and a natural fragrance. (Note: Our original Shower in a Bottle fragrance!)

Ingredients: Organic Cedar Atlas (Morocco), Wildcrafted Frankincense Carterii (CO2), Organic Lime (Sri-Lanka), Organic Peppermint (India), Organic Rosemary Cineole (Tunisia) infused into Fractionated Coconut Oil.

Organic Nutmeg (Steam Distilled or CO2) ~ Sri-Lanka

Get ready for one of my favorite essences, Nutmeg! This warming plant extract offers huge therapeutic gains, some fabled historical lore and smells tropically wonderful. The fabled nutmeg has myristicin & safrole compounds and has been known to cause a deep euphoria when taken in heroic doses, with huge liver toxicity risks when used internally.

Here's some better ideas – nutmeg essential oil used topically is warming, great for joints and the elderly with arthritis. Aids in increasing core body temperature when diluted and massaged onto the body. I love rubbing into my body before dancing, it creates this topical feel-good euphoria that activates as the body warms and pores open up ~ as you cool and stop dancing, the extra euphoria chills out. Nutmeg, an extract for superhumans! Internal use is NOT Docta Approved ~ don't do it

Ingredients: Organic, Steam Distilled / CO2 Select Nutmeg Essential Oil from Sri-Lanka / Indo.



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Eu-Phoria Drops (Essential Oil Tincture)

Would you love to live life high? The real question is what can a legal and more balanced social libation do for you? Eu-Phoria Drops combines 11 different exuberant plants which offer a balanced floating sensation, light euphoric mood enhancement and low-levels of energy enhancement.

I've been enjoying sharing this formulation at Ecstatic Dance and events for years, it's a crowd favorite. A potent herbaceous, floral flavor that opens into a gentle enhancer. I typically appreciate 1-3 drops under the tongue for a gentle enhancement that elevates for 1-3 hours. What is your experience with Eu-Phoria Drops? Hope you in-joy!

Ingredients: Organic Bitter Orange (Egypt), Organic Geranium (S. Africa), Organic Ylang Ylang Extra (Madagascar), Wildcrafted Frankincense carterii (CO2), Organic Clary Sage (France), Organic Tulsi (India), Organic CO2 Myrrh (Somalia), Organic Pink Pepper (Madagascar), Organic Black Pepper (Sri-Lanka), Organic Litsea Cubeba (Vietnam) infused into Organic Sugar Cane Alcohol

Warm Calm (Magick Mister)

Warm Calm is a fragrant balance between the splash of the ocean and the illumination of the sun's first rays. Warm Calm cultivates a combination of our Morning Glory & Coral Waves formulations in harmony to bring a neutralizing spray ~ yin/yang, masculine and feminine. This magick mister is for bringing an alignment of opposite poles and bringing back to balance an environment. Try keeping in delicate areas intended for deeper internal work and spray around the environment and around the body.

For best results, shake your magick mister before usage. Did you know you can fill up your magick mister once with water as it approaches low for a still potent and enjoyable spray product? MAGICK!

Ingredients: Organic CO2 Black Cumin (Egypt), Organic Cedar Atlas (Morocco), Wildcrafted Elemi (Phillipines), Organic Eucalyptus Radiata (S. Africa), Wildcrafted Frankincense Carterii (CO2), Wildcrafted (CO2) Juniper Berries (Macedonia), Organic Lime (Sri-Lanka), Wildcrafted Opoponax (Ethopia), Organic Peppermint (India), Organic Rosemary Cineole (Tunisia), Organic Spearmint (Morocco), Organic Blue Yarrow (S. Africa) infused into Vitalized Spring Water.



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