



Essential Oil Wizardry

## ~ Alchemy Subscription Package ~ Month of September (2016)

**Wizard Alchemy Blend: Psychic Protection**  
**Essential Oil of the Month: Cinnamon Bark**  
**Essential Oil Tincture: Krishna Immune Boost**  
**Magick Mister / Massage: Summer Breeze Mist**

### Psychic Protection (Ceremonial Creation)

Psychic Protection may be my most powerful formula to date – quite a claim which I wholeheartedly share. PP was birthed when I was living on the Big Island Hawaii – within an intention to create a line of ceremonially supporting products, Purity, Psychic Protection & Positive Transmission were birthed. The ingredients were inspired during an ayahuasca ceremony and formulated together the next day. Cistus, Galbanum, Calamus Root, Angelica Root and Cypress were all new extracts for me at the time this product was formulated.

When asking the preparation how to effectively use and what its usage offered, I was immediately guided that it cuts through negativity from a person's personal auric field. This shreds through the energetics and removes stagnant energy. Usually when I apply around/on the body, the hairs on my arms stand-up.

This formula is a must for travelers, shadow work, ceremony and a full assortment protector. Applied into the palms, the user can rub his/her hands in front of the body and around/on the body. Can also apply into the fingertips and snap around a person or environment. Try putting a few drops on a fan and waving in a public area!

**Ingredients: Organic CO2 Extracted Myrrh (Somalia), Wildcrafted Cistus Traditional (Spain), CO2 Extracted Galbanum (Iran), CO2 Extracted Spikenard (India), Organic Vetiver (Sri-Lanka), CO2 Extracted Calamus Root, CO2 Extracted Angelica Root, Cypress Leaf (France), Organic CO2 Extracted Cardamom infused into Fractionated Coconut Oil enhanced with Dead Sea Salts.**

### Organic Cinnamon Bark (Steam Distilled) ~ Sri Lanka

This is some of the finest cinnamon bark essential oil available on the planet, true Ceylan Cinnamon (most cinnamon traded on commercial market is Cinnamomum cassia), organically grown and harvested in Sri-Lanka. Rich cinnamon notes, sweet and spicy both from its fragrant notes and flavor profile. Cinnamon has been shown to have rich anti-microbial properties, may aid in efficient glucose metabolism and has anti-inflammatory properties.



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I enjoy using the cinnamon oil for oral tooth care products (ie. make your own toothpaste/toothpowder), adding to chocolate or other foods/products as a powerful flavoring agent or using small amounts (very small) in botanical perfumery. It adds a warm, sweet vibe when used in a diffuser is fun to experiment with. Please note, cinnamon essential oil is noted to be a dermal irritant and shouldn't be used neat on the skin, especially for those with sensitive skin!

**Ingredients: Organic Steam Distilled Essential Oil of “True” Cinnamon Bark (*Cinnamomum zeylanicum*) from Sri Lanka.**

## Krishna Immune Boost (Essential Oil Tincture)

A timeless potent blend of highly anti-microbial, anti-inflammatory and immune stimulating plants. Krishna Immune combines the powerful oregano, cinnamon, clove which carry powerful aldehyde and phenol molecules which have been well studied using aromagrams to assess their anti-microbial activity.

In synergy, essential oils and their active constituents have been demonstrated to enhance the effectiveness against pathogens due to increased killing properties and increased difficulty for microbes to adapt resistance to the active constituents. Eucalyptus has been demonstrated to stimulate the white blood cells, actually increasing the activity of the immune system naturally.

This tincture invites one drop on or under the tongue used as immune boost, anti-infective or breath freshener!

~ Inspired by Arya of the Hari Krishna community in 2012 ~

**Ingredients: Organic Peppermint (India), Organic Oregano heracleoticum (France), Organic Cinnamon Bark (Sri-Lanka), Organic Clove Bud (Sri-Lanka), Organic Eucalyptus Smithii (S. Africa) infused into Organic Sugar Cane Alcohol**

## Summer Breeze Mist (Magick Mister)

Warm silky Summer Breeze transports you to the refreshing times of a season now passing ~ an eclectic blend inspired before Bhakti Festival in 2014 in Santa Barbara combining a wealth of mid/top notes to sunset imagery. This fresh warming product is intended to calm the nervous system, set the space for meditation or focused work and slow the mind and enhance the mood. Be the sunset and spray Summer Breeze as desired.

Please Note: Opoponax has been documented to cause photosensitivity when applied to the skin in the sun. Avoid spraying on the body during intense sunlight.

**Ingredients: Wildcrafted CO2 Extract of Frankincense Carteri. Organic Red Mandarin (Brazil), Wildcrafted Opoponax (S. Africa), Wildcrafted CO2 Extract of Juniper Berries (Macedonia), Organic Silver Fir (France) infused into Vitalized Distilled Spring Water.**



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