



Essential Oil Wizardry

Month of August (2016) ~ Alchemy Subscription Package ~

Trinity (Therapeutic Formula)

Trinity is our irresistible yogi balance blend ~ perfectly tuned and an incredible blend of common essential oils peppermint, rosemary and lavender. This blend is perfect for delightful massages into sore muscles that stimulates and soothes with an icy-hot sensation without excess grease that commercially available products offer. A perfect blend of relaxation and mental focus, Trinity gives your system what you need – energy or relaxation in the moment!

Trinity is a great lifestyle solution for resolving tension headaches and typically works very quickly. Simply massage 2-3 drops into the temples – I find this resolves about 75% of my headaches in about 5-10 seconds when it's effective! Rub into joints and muscles for stimulation when you find yourself drooping throughout the day. Trinity ROCKS!

Ingredients: Organic Lavender Mailette (Washington), Organic Peppermint (India) and Organic Rosemary Cineole (Tunisia) infused into Fractionated Coconut Oil with Dead Sea Salts

Wildharvested Opoponax (Steam Distilled) ~ S. Africa

Opoponax is a unique resin extract that is quite uncommon and most humans will never have the opportunity to appreciate. In the same species as Myrrh (*Commiphora*), this sacred resin is a wildharvested gift that soothes the nervous system, adds unique notes to botanical perfumery as a fixative and has a unique flavor in small quantity (though it has been suggested not to consume). For me Opoponax reveals this characteristic of bright summer bubble gum. Opoponax is simultaneously soothing to the body, smooths the emotions and heightens awareness.

Diffused into an environment provides the experience of a sacred temple, relaxes the mind and invokes happy thoughts. Diluted into a carrier oil provides a solution to soften and vitalize the skin – try using on the face before bed. Opoponax may cause some sensitivity to sunlight and is not recommended to apply during the shining hours.

Ingredients: Wildharvest Opoponax (*Commiphora erythraea*) extracted from resin ~ S. Africa

Spark! (Essential Oil Tincture)

Has your throat ever been so congested it's difficult to breathe? Or perhaps your nasal passages are so congested and refuse to drain... Spark! Is a very special formulation which started off as a next level therapeutic vapor oil. This concentrated blend makes a powerful lifestyle solution when infused into organic alcohol as a tincture used for soothing the throat, lungs and clearing the sinuses.



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Simply place 1-3 (2 strong, start with 1) drops onto the tongue, roll the tongue shaped like “U” and take three deep inhalations. There is also an advanced method of administration which should only be used for the adventurous! Take one drop intranasally in each nostril. This method will burn for about 30-60 seconds and is likely to cause some minor irritation to the nasal mucosa. Let the tincture do its magick minimizing blowing the nose for about 5-15 minutes. At this point, the sinuses will be flooding out naturally and you will experience a new level of breathing clearly. Wow – Get Sparked!

Do not vaporize this tincture formulation – only consider vaporizing the pure oils, NOT tinctures!

Ingredients: Organic Peppermint, Wildcrafted Ravensara Aromatica and Organic Tulsi infused into Organic Sugar Cane Alcohol

Immune Spray (Magick Mister)

This classic immune formulation is a potent broad spectrum anti-microbial (active ingredients include carvacrol, menthol, eugenol) which was designed to be an easy spray-on environmental cleanser. Keep this in areas more prone to bacterial build up to naturally disinfect / sanitize the home space. No more nasty chemicals, simply spray on, wipe with a wet rag and clean off with a dry towel.

May also have mild sticky glue dissolving properties (FYI citrus oil rocks for dissolving gunk like car grease). Spray around the body (close the eyes!) after going to a densely populated area. Our immune spray has a great vital, clean scent that keeps the home space fresh for you and your extended family. A nice gift with the magick misters is you can take a near empty bottle and **refill once** with water and have a perfectly potent spray once again – plays like magick :-)

Ingredients: Organic Cinnamon Bark (Sri Lanka), Organic Clove Bud (Madagascar), Organic Oregano Heracleodicum (France), Organic Peppermint (India) infused into Vitalized Spring Water