



Essential Oil Wizardry

~ Alchemy Subscription Package ~ Month of December

Wizard Alchemy Blend: Chai Perfect

Essential Oil of the Month: Grapefruit Essence

Essential Oil Tincture: Prosperity

Magick Mister Spray / Massage Oil: Nutmeg Massage Oil

Docta's Pick: Sacred Toner + 5 Tiny Perfume Vials to Gift for Holidays

Chai Perfect (Conscious Bartending)

Chai has been a popular combination of herbs and spices for thousands of years in India and with its growing popularity in the states, we took this ancient recipe and hyper~elevated it with some super fresh upgrades. Chai Perfect is a bold name and we feel you'll agree – the aromatic & flavor profile are out of this world. Spice up your environment using several drops in your diffuser. Try adding several drops into a warm pot of your favorite plant-based milk (1-2 drops / 8 oz). Add a dash of turmeric or nutmeg to your chai cup and turn it into a next level golden milk. Truly joyous – Docta approved!

Not recommended for topical use, may irritate the skin for sensitive users. If you wanted to experiment anyway (which I haven't yet), try adding 5-10% into carrier oil for a delicious stimulating massage.

Ingredients: Organic Black Pepper, Organic Cardamom (CO2), Organic Cinnamon Bark, Organic Clove (CO2), Organic Coconut Pulp (CO2), Organic Ginger (Fresh), Organic Star Anise (CO2), Organic Vanilla, 26% (CO2)

Prosperity (Essential Oil Tincture)

This powerful formula is one of my favorite which combines a regal fragrance to wear (as a botanical perfume) with potent energetic therapeutics. Prosperity tincture aids in the knowingness of one's path and may find you at a time in your life to add clarity and internal guidance. This clarity is not of the mind - rather of the gut (inner knowingness / intuition) and voice, helping one to speak their truth and illuminate at times of diverging crossroads.

Try one drop in the mouth under the tongue, 2-3x/day as needed or desired for an elevated guidance.

Organic Ingredients: High-Elevation Organic Royal Hawaiian Sandalwood, Wild Cistus, Spikenard (CO2), Organic Vetiver, Organic Red Mandarin, Organic Sweet Marjoram, infused into MCT



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Grapefruit Essence (Steam Distilled) ~ S. Africa

This grapefruit extract isn't like the rest of them! Grapefruit is typically cold-pressed from the peels of the fruit and carries the distinct bitter edge and bite one expects from a grapefruit. There's also many different varieties of grapefruit ranging on the spectrum from bitter to more sweet with a tingly sharpness to the flavor. Our selected grapefruit essence offers a steam distillation from the fruit of the grapefruit which provides a sweeter, lighter and tastier expression of this delectable fruit.

Easy to add into a diffuser to cleanse a room or to enliven the area, try infusing several drops into your favorite facial scrub to aid in combating acne or to tonify the face. Tastes like a mysterious sweet/bitter dream in foods/beverages in very low concentrations. Mouth-watering!

Nutmeg (Massage Oil)

This month we are offering our members an effective warming massage oil to enjoy sharing with your loved ones during the holidays. Nutmeg & Mace come from the fruit of *Myristica fragrans* – the mace is the outer layer of the fruit (think shell) and the nutmeg is the spice center. Both of them are recombined in this alchemical delicacy to stimulate circulation, warm the body and add a fantastic tropical fragrance to the room.

Great for stiff joints (massage it in) and may offer a nice tingling sensation! Very strong massage oil, consider a patch test or avoid in sensitive-skin individuals.

Ingredients: Organic Nutmeg Essential Oil (Sri-Lanka), Organic Mace Essential Oil infused into Fractionated Coconut Oil.

Sacred Toner + 5 Tiny Perfume Vials to Gift for Holidays

December is Infinite Gratitude month and we seem to be swimming in things, ideas and experiences to be grateful for. Since it's holiday time we would love to share additional gifts in small perfume vials that your friends and family can truly benefit from. The game is this: go to EssentialOilWizardry.com and look up the vials you have been gifted so you can adequately and excitedly share how to use their new gift. It's fun for the whole family!

Sacred Toner is super special and a formula I haven't shared with many people yet. This toner product works to tighten up the pores, revitalize the skin and increase cellular turnover. Excellent for reducing acne on the face – with single uses, I've noticed my skin GREATLY soften at about 24-72 hours. I'm irregular with my consumption of products and feel like consistent use of this product might to something very special for teen-elderly folk. Please me know what you think!

Ingredients: Organic Cedar Atlas (Morocco), Wildcrafted Frankincense Serrata (CO2), Organic Myrrh (CO2), Organic Helichrysum italicum Hydrosol (California) infused into Vitalized Spring Water.

***Please Be Advised: These products are not intended to cure, heal, diagnose or treat any disease.**



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